

**Claims:**

1. A golfing aid wherein a sighting member having an aperture therein is mounted on a base member for inclination to the base member in defining a line of sight through the aperture to a reference marking on the base member such that a golfer viewing the marking through the aperture can detect movement of his/her head by observing apparent movement of the marking within the aperture.
2. A golfing aid according to Claim 1 wherein the aperture is a circular aperture in the sighting member.
3. A golfing aid according to Claim 2 wherein the reference marking is a circular marking on the base member for alignment in the line of sight with the circular aperture in the sighting member.
4. A golfing aid according to any one of Claims 1 to 3 wherein the marking on the base member is of dark colour against a visually-contrasting background, and at least the margin to the aperture on the upper surface of the sighting member is of the dark colour.
5. A golfing aid according to Claim 4 wherein the dark colour is black.
6. A golfing aid according to any one of Claims 1 to 5 wherein the base member and the sighting member are each of card or flat plastics sheet.
7. A golfing aid according to any one of Claims 1 to 6 wherein the inclination of the sighting member to the base member is selectively adjustable for varying the inclination of the line of sight.

8. A golfing aid according to Claim 7 wherein the sighting member is hinged to the base member.

9. A golfing aid according to Claim 8 wherein a stay member that is hinged to the sighting member is engageable with the base member for setting the inclination of the sighting member relative to the base, variation of the location on the base member of such engagement varying the inclination of the sighting member.

10. A golfing aid according to Claim 9 which has collapsed and erect conditions, wherein the base member, the sighting member and the stay member are hinged together as three successive sections, in that order, to have the form of an elongate, flat sheet in the collapsed condition, and wherein, in the erect condition, the sighting member and the stay member define respective sides of a triangle having its base defined by the base member.

11. A golfing aid according to Claim 9 or Claim 10 including means for applying a resilient bias urging the stay member into engagement as aforesaid with the base member.

12. A golfing aid according to any one of Claims 9 to 11 wherein the stay member is selectively engageable with different ones of a series of notches in the base member, for setting different angles of inclination of the sighting member relative to the base member.

13. A golfing aid according to Claim 12 wherein the base member is of elongate form, there are two series of notches spaced apart from one another transversely of the base member with the notches of each series spaced from one another at intervals lengthwise of the base member,

and the stay member has projecting lugs for engagement respectively with notches of the two series in setting the inclination of the sighting member.

14. A golfing aid according to Claim 12 wherein the notches are a series of parallel, transverse notches of the base member, and the stay member engages within one or other of these notches in setting the inclination of the sighting member.